

## **Web links for supporting children and young people to return to school**

### **ChildLine:**

Including tips for going back to school, school work and exam stress, tips to boost confidence, being bullied, and returning after time out.

<https://www.childline.org.uk/info-advice/school-college-and-work/school-college/school/>

### **Place2Be:**

'Return to school' resources for primary and secondary schools.

<https://www.place2be.org.uk/our-services/services-for-schools/mental-health-resources-for-schools/return-to-school-resources/>

### **NSPCC:**

Including preparing children for going back to school, what rights schools have, advice for parents, and a link to the NSPCC helpline.

<https://www.nspcc.org.uk/keeping-children-safe/away-from-home/at-school/#>

### **Young Minds:**

Advice for parents from the Young Minds Parents Helpline experts for supporting the transition back to school life.

<https://youngminds.org.uk/blog/supporting-a-child-returning-to-school-after-lockdown/>

### **NHS:**

Including tips for returning, facing big changes, children with additional needs, and getting support.

<https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/back-to-school-coronavirus-covid-19/>